



"RINCK" CONVENTION EHF MASTER COACH COURSE 2022

(Module 1)

13. – 19. January 2022 in Budapest / HUN



HOSTING CITY — BUDAPEST, HUNGARY

“Budapest — with the majestic Danube in the middle. Buda, with its romantic atmosphere on one side, and Pest, a dynamic cultural center on the other. One would have to be sharp to find another city in the world with such beautiful natural settings, rich architectural and historical heritage, offering an unparalleled combination of culture, fine cuisine and thermal baths. The Buda side with its historical thermal baths and the Royal Palace, the Matthias Church and the zigzagging alleys encompassing the Castle District emanates a sense of tranquility. On the other hand, thanks to its rich museums, the Parliament, the Great Market Hall, St. Stephen’s Basilica (surrounded by pedestrian streets) and the inspiring atmosphere of the ‘Jewish quarter’, Pest offers a bustling, vibrant scene.

The Hungarian capital deserves to be called a city with a living history. As a spa city, Budapest is more than the sum of its bathing facilities, as it offers a unique blend of Roman, Turkish and European bathing cultures. Budapest is no longer limited to restaurants, outdoor terraces and coffee houses, but rather features a cuisine consisting of a blend of traditional Hungarian flavours and the latest dining trends. Budapest is also a peaceful meeting point of religions and cultures, a coexistence of the spiritual heritage of East and West. Budapest is a melting pot of wide-ranging subcultures making it worth a visit, as it’s a familiar and safe metropolis with a human face that also offers a wealth of novelties, experiences and surprises for open-minded visitors.”

Besides all the cultural and historical aspects, Budapest regularly hosts the DELO EHF Champions League Final 4 and in 2022 will be one of the Men’s EHF EURO venues.

(Source: www.budapestinfo.hu/budapest-welcomes-you)



COURSE STRUCTURE

Introduced in 2000 this convention concerns the mutual recognition of standards and certificates in the field of coaches' education in handball in Europe. From the 6 founding nations it has developed to some 40 signatory nations so far. The 2010 edition of the RC that was adopted by the 2010 congress and paved the way to new roads and activities in order to attract all the not-yet-signatory-nations.

One of the most important steps into the future was the introduction of a so called "EHF Master Coach and Licencing Course" organized by the EHF itself. The first issue was the "2012 Open EHF Master Coach and Licencing Course", the further series took place every two years. In 2022 the next edition of such a high-end education course is on offer. The course will consist of three stages and is accessible for all coaches of RINCK Convention signatory countries on level 3 (confirmed by their Member Federation).

"RINCK" Convention EHF Master Coach Course – Module 1:

The first module will take place at the Men's EHF EURO 2022 in Budapest / HUN from 13. – 19. January 2022. Specific handball topics with the emphasis on analysis, leadership & management as well as the theory of coaching will be presented by EHF Lecturers theoretically and practically.

"RINCK" Convention EHF Master Coach Course – Module 2:

The second module of the course is planned to take place in July 2022 in Porto, Portugal. This part shall focus on individualisation like goalkeeping, physical preparation, mental preparation, prevention, as well as communication and new trends in coaching.

"RINCK" Convention EHF Master Coach Course – Module 3:

The third part is planned to take place during the EURO for Women in Ljubljana (Slovenia) in December 2022. Main contents are the tactical approach to match analysis and the defending of the theses by the participants.

Between the first, second and the third part of the course the participants will have to execute several tasks communicated during the 1st and 2nd Module. During the third part of the course they will present and defend their thesis.

After this, all participants shall be awarded with the diploma "EHF Master Coach" and they will receive the highest EHF licence for coaches, the EHF "PRO Licence.



EHF / EHF COMPETENCE ACADEMY & NETWORK (EHF CAN)

The European Handball Federation (EHF) is the governing body of Handball in Europe! Its 51 Member Federations represent and stand for 51 different kinds of national and international handball know-how. Those individual national handball schools/philosophies shall be made use of by involving experts in order to contribute to the variety of handball education in Europe!

Handball know-how exchange and transfer in Europe shall be fostered as an EHF service for the EHF Member Federations by making use of national and international handball experts as well as external lecturers from sport science, medicine, other sports, economy (marketing, equipment suppliers) and media (press, TV, Internet).

The EHF Competence Academy & Network (EHF CAN) shall be established as an educational service centre for EHF Member Federations with the possibility of granting scholarships in order to minimize or delete financial burdens for them. The same holds good for internal EHF Office management training on the job.

The EHF “CAN” shall be established to develop and deliver sport specific educational and training programmes in order to ensure that coaches, officials, athletes and administrators from all over Europe (and the world) have access to the highest quality education relating to “handball know-how” and competence in e-learning, blended learning, interdisciplinary educational courses of various duration, summer schools or mainstream 2-4 semester courses within the European Education Credit Transfer System (ECTS framework).

The EHF “CAN” shall set-up Business Executive Education programmes for further educating and training sporting administrators, resort managers and event executives in the Handball Event Management Business, e.g. also in event-related courses. The EHF “CAN” shall contain a documentation centre including production of modern teaching aids and media as well as cooperation agreements with research & developing partners, suppliers, universities and testifying institutions.



CONTACT INFORMATION

ORGANISER

European Handball Federation
Hoffingergasse 18
1120 Vienna
Austria

Contact:

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CO-ORGANISER

Hungarian Handball Federation
Könyves Kálmán krt. 76. VI/606
1087 Budapest
Hungary

SPORT EVENT



MEN'S EHF EURO 2022

HUNGARY • SLOVAKIA
13-30 JANUARY

2022 MEN'S EUROPEAN CHAMPIONSHIP

13 – 19 JANUARY 2022 IN HUNGARY

Thursday, 13 Jan. 2022
Friday, 14 Jan. 2022
Sunday, 16 Jan. 2022
Tuesday 18 Jan. 2022

Preliminary Round matches in Budapest



COURSE BASICS

- Course fee:** €1200 (incl. VAT)
The price includes accommodation in single room, meals (breakfast, lunch, dinner), coffee breaks, costs of the course venues (meeting room and sport hall rental fee), tickets to EHF EURO Matches (13., 14., 16., 18. January) and 7 days Budapest season ticket.
- Extra costs if required:** Transfer (by car with 3 seats) from and to the Liszt Ferenc International airport: €54/car/route
- Accommodation:** Because of the Covid-19 pandemic, in order to increase the safety of the participants, all coaches and lecturers have to be accommodated at the same hotel and follow the EHF Master Course Hygiene Concept.
- Course hotel:** Danubius Hotel Arena
Ifjúság útja 1-3
1148 Budapest
Hungary
www.danubiushotels.com/en/our-hotels-budapest/danubius-hotel-arena
- Requirements**
- The course will be in English – acquaintance of English on min. B2 level is required.
 - The EHF RINCK Convention Level 3 certificate issued before Jan 2020
 - CV with the description of the coaching career
 - An official form signed and stamped by the National Federation confirming the education on Level 3 (document attached)
 - According to the EHF Hygiene Concept at least one of the 3 conditions has to be fulfilled: Covid-19 vaccination certificate/ valid negative PCR test at the beginning of the course/ confirmation about the recovery from Covid-19 in the 6 months prior to the start of the course.
- Registration:** European Handball Federation
Hoffingergasse 18
1120 Vienna
Austria
schweiger@eurohandball.com & kozlowska@eurohandball.com
Your registration will be confirmed by EHF
- Deadline:** 29 November 2021



COURSE BASICS

Number of participants: Maximum 25 (entries follow a “first come, first served” basis)

Course language: English only

Payment conditions: Total amount (course fee) should be paid by bank transfer.

Please note that the payment shall be made after receiving an official confirmation about the participation in the course!

Bank details: EUROPEAN HANDBALL FEDERATION
Hoffingergasse 18, A-1120 Vienna
Purpose: “Master Coach – YOUR NAME”
Bank Account: Bank Austria
Bank code: 12000
Account Nr.: 00640 000 204
IBAN: AT46 1200 0006 4000 0204
BIC: BKAUATWW
DVR 0856371 ZVR 263489108 UID/VAT ATU 38516405

Program: The draft of the programme might be changed due to organisational reasons.

PRESENTERS



Stefan Walzel / GER

EHF Scientific Network Member
Specialist Sports Economics
and Sports management



Johann Ingi Gunnarsson / ISL

EHF Scientific Network Member
Psychologist



Murat Bilge /TUR

EHF Lecturer
Associate Professor Kirikkale
University / TUR



Xavier Pascual / ESP

Spanish Top Coach – Dinamo
Bucuresti Handball



Andreas Vock / AUT

EHF Scientific Network Member
Specialist Physical Preparation



Anselmo Ruiz / ESP

Sports Data Analyst



David Davis / ESP

Spanish Top Coach



Monique Tijsterman / NED

EHF Methods Commission
Member
Methods and Coaching



Helmut Höritsch / EHF

EHF CAN Coordinator



Vincent Schweiger / EHF

Course Coordinator
Sport & Game Services



Beata Kozłowska / EHF

Course Coordinator
Sport & Game Services





SEMINAR SCHEDULE

Thursday 13.1.22	till 12:00	Arrival
	12:00-12:45	Lunch
	13:00-14:30	General Information : Welcome
	14:45-15:30	Requirements & Competencies of Professional Handball Coaches
	15:30-16:00	Coffe Break
	16:00-17:30	Introduction quantitative and qualitative analysis
	17:45-18:30	Dinner
	19:00-end	Live- Analysis of EURO matches
Friday 14.1.22	till 08:45	Breakfast
	09:00-10:30	Analysis: Matches Review
	10:30-11:00	Coffee Break
	11:00-12:30	Creating an individual coaching vision
	12:30-14:00	Lunch Break
	14:00-15:30	Leadership & Management
	15:30-15:45	Coffee Break
	15:45-17:15	Leadership & Management
	17:15-17:45	Analysis: Preparation for evening matches
17:45-18:30	Dinner	
19:00-end	Live Analysis of EURO matches	
Saturday 15.1.22	till 08:45	Breakfast
	09:00-10:30	Analysis: Matches Review
	10:30-11:00	Coffee Break
	11:00-12:30	Quantitive and Qualitive Analysis of EHF events
	12:30-14:00	Lunch Break
	14:00-15:30	Practical Coaching - Training of Group and Team Defense
	15:30-15:45	Coffee Break
	15:45-17:15	Practical Coaching - Training of Fast Transition Play
17:45-18:30	Dinner	
Saturday 15.1.22	till 08:45	Breakfast
	09:00-10:30	Analysis: Matches Review
	10:30-11:00	Coffee Break
	11:00-12:30	Quantitive and Qualitive Analysis of EHF events
	12:30-14:00	Lunch Break
	14:00-15:30	Practical Coaching - Training of Group and Team Defense
	15:30-15:45	Coffee Break
	15:45-17:15	Practical Coaching - Training of Fast Transition Play
17:45-18:30	Dinner	

SEMINAR SCHEDULE

Sunday 16.1.22	till 08:45	Breakfast
	09:00-10:30	New technologies and innovations
	10:30-10:45	Coffee Break
	10:45-12:15	Performance Analysis and monitoring in match and training / data science
	12:15-13:30	Lunch Break
	13:30-15:00	Leadership & Management - Mindfull leadership
	15:00-15:15	Coffee Break
	15:15-16:45	Leadership & Management - Communication
	16:45-17:15	Analysis: Preparation for evening matches
	17:30-end	Live- Analysis of EURO matches
Monday 17.1.22	till 08:45	Breakfast
	09:00-10:30	Analysis: Matches Review
	10:30-10:45	Coffee Break
	10:45-12:15	Theory of coaching - Strenght and Conditioning
	12:15-13:45	Lunch Break
	13:45-15:15	Theory of coaching - Periodization and programming of physical training
	15:15-16:00	Coffee Break
	16:00-19:00	Practical Coaching - Strength Training
	19:30-20:30	Dinner
Tuesday 18.1.22	till 08:45	Breakfast
	09:00-10:30	Panel Discussion with International Top Coach
	10:30-11:00	Coffee Break
	11:00-12:30	Theory of Coaching - Observational training methods
	12:30-14:00	Lunch Break
	14:00-15:30	Theory of Coaching - Methods and didatics of presenting tactical analysis
	15:30-16:00	Coffee Break
	16:00-16:30	Analysis: Preparation for evening matches
	17:15-end	Live- Analysis of EURO matches
Wednesday 19.1.22	till 08:45	Breakfast
	09:00-10:30	Analysis: Matches Review
	10:30-10:45	Coffee Break
	10:45-12:15	General Information - Closing





COURSE REGISTRATION

Name	
Address	
Country	
Name of your Club/Fed	
Job function	
International phone	
Email address	
COVID Vaccination*	

*Due to national COVID restrictions it might happen that only vaccinated people are allowed to enter the sports halls. The EHF uses this information to secure the ticket contingent appropriately. By signing the registration form you agree that the EHF uses your data during the administration of the course.

I consent to my data being transferred to European Handball Federation for the purpose of sending me information about relevant future coaching topics. Modification/withdrawal of this consent is always possible. By checking this box, you agree to the our [Terms and Conditions](#) and acknowledge that you have read our [Privacy Policy](#).

Signature Date

PLEASE RETURN TO THE EHF BY 29 NOVEMBER 2021

email: kozłowska@eurohandball.com

Booking: The inscription for the 2022 EHF "Rinck" Convention Master / 1st module has to be done by fill in the registration form. By the receipt of the inscription the contract between the participant and the EHF is valid. The EHF is not liable for any printing mistakes or changes of the programme.

Cancellation: Cancellations have to be submitted in writing. Participation can be cancelled up to 1 month (13.12.2021) before the beginning of the Course, 50% of the participation fee has to be paid. For cancellations after this period, no refund will be paid.